

# Monday Tuesday Wednesday Thursday

# Friday

# Filton

Avenue

### ESOL

9:30am-11:30am Introduction course for people wanting to improve their Fnalish. Please contact Richard:

richard.davies@bristol.gov.uk Creche Available.

## Early Birds

1pm-2:30pm

Join us if you have a nonmobile baby who was born prematurely or spent time in special care after birth.

### Childminders

9:15am-11:15am A group for Childminders to share good practice and ideas

### **Horfield Baptist**

Church Baby Hub For families with children under 5

10am-11:45am An opportunity to drop in and speak to your local Health Visiting team, Children's Centre staff and other parents. Gain information and advice on all aspects of your child's development.

# Stay & Play

9:30am-11am Drop-in for fun family activities and more. Aimed at ages 0-5.

### Baby Hub

For families with children under 5 9:30am-11:30am An opportunity to drop in and speak to your local Health Visiting team, Children's Centre staff and other parents. Gain information and advice on all aspects of your child's development

# Honey Suckle Infant Feeding Group

10.15am -11:45am A supportive session to help you and your baby get the most out of breastfeeding.

HomeStart

A friendly group for any mums

experiencing anxiety, loneliness.

Scan to view our online timetable and morel



# Stoke Park

Southmead

Location: Horfield Baptist Church 160a Gloucester Road, BS7 8NT

Please email for more details: Email: admin@homestartbristol.org.uk Phone: 0117 9501170

Community Gardening Course with the option to gain a Horticultural Award.

### A safe space for you and your child (under 2s).

Stay & Play 1:30pm-3pm Drop-in for activities and play aimed at ages 0-5.

# Sensory Baby

10am-11:15am Support your baby's language development, bond and have fun helping them understand the world around them.

# **Young Parents**

10:30am-12:00pm A drop-in group for young parents under 23 and their children. Meet other young parents in your area. A safe space to get support & advice.

Contact:

lctinfo@bristol.gov.uk

Phone: 01172510230

### **ESOL**

Please contact Richard: richard.davies@bristol.gov.uk or nbcc@bristol-schools.uk

9:30am-11:30am Introduction course for people wanting to improve their English. Please contact: richard.davies@bristol.gov.uk

\*Creche available

## Infant Feeding Group

12:30am-2pm A supportive drop-in session to help you and your baby get the most out of breastfeeding.

# Parenting Courses

Structured groups for parents, which promote emotional well-being and strengthen family relationships. Please contact us for more information or to book your spot nbcc@bristol.gov.uk

### Stay & Play

1pm-2:30pm Drop-in for fun family activities and more. Aimed at ages 0-5.

### Baby Hub For families with children under 5

9:30am-11:15am An opportunity to drop in and speak to your local Health Visiting team, Children's Centre staff and other parents. Gain information and advice on all aspects of your child's development.

## Welcome to The World

9:30am-11:30am 8 week antenatal course for expectant parents from | third trimester onward.

Please contact us for more information nbcc@bristol-schools.uk

# Community Learning -Maths for Adults

9.30am-11.30am Improve your maths skills for home, work or volunteering.

# **-English for Adults**

1pm-3pm. Improve your English for work or home.

### Baby Hub For families with children under 5

9:00am-11:00am An opportunity to drop in and speak to your local Health Visiting team, Children's Centre staff and other parents. Gain information and advice on all aspects of your child's

development.

## Stay & Play

9am-10:30am

Drop-in for fun family activities and more. Aimed at ages 0-5.

# Infant Feeding Group

12:30pm-2pm A supportive session to help you and your baby get the most out of breastfeeding.

Long

Cross

Sea Mills

# Childminders

9:45am-11:15am A group for Childminders to share good practice and ideas

### **Baby Hub**

For families with children under 5 9am-11am An opportunity to drop in

and speak to your local Health Visiting team, Children's Centre staff and other parents.

Gain information and advice on all aspects of your child's dévelopment.

**Avonmouth** 

### Rainbow Group 9:30am-11:30am

Supporting families with children who have additional needs, in a safe environment

### Please contact Helen on 07825 315732. for more information.

# Childminders

9:45am-11:15am A group for Childminders to share good practice and ideas.

# Stay & Play

9:30am-11:00am Drop-in for fun family activities and more. Aimed at ages 0-5..

# **Brentry**

Henbury

Please contact us for more information nbcc@bristol.gov.uk

Rockabye 10am-11:15am Have you recently had a baby? Are you feeling anxious or depressed? We offer a space to share experiences and connect with your baby.

### Stay & Play

1:15pm-2:45pm Drop-in for fun family activities and more. Aimed at ages 0-5.

# speak to your local Health Visiting team, Children's Centre staff and other parents.

Baby Hub

9am-11am

An opportunity to drop in and

Infant Feeding Group 11:30am-1pm A supportive session to help you and your baby get the most out of breastfeeding.

# advice on all aspects of your child's development

Gain information and



