

Monday Tuesday Wednesday Thursday Friday

<b>Filton Avenue</b>	<b>ESOL</b> 9:30am- 11:30am Introduction course for people wanting to improve their English. please contact Richard: richard.davies@bristol.gov.uk Creche Available.	<b>Childminders</b> 9:15am- 11:15am A group for Childminders to share good practice and ideas.	<b>Stay &amp; Play</b> 9:30am- 11am Drop-in for fun family activities and more. Aimed at ages 0-5.	<b>Under 5s Hub</b> 9:30am- 11:30am An opportunity to drop-in and speak to your local local health visiting team. Gain information and advice about all aspects of your child's development. Tel: 0300 125 6278	Scan to view our online timetable and more! 
	<b>Early Birds</b> 1pm- 2:30pm Join us if you have a non-mobile baby who was born prematurely or spent time in special care after birth.	<b>Under 5s Hub</b> 10am- 11:45am An opportunity to drop-in and speak to your local health visiting team and socialise with other parents.	★ Location: Horfield Baptist Church Brynland Avenue Bishopston Tel: 0300 125 6278	<b>Honey Suckle Breastfeeding Group</b> 10.15am -11:45am A supportive session to help you and your baby get the most out of breastfeeding.	
<b>Stoke Park</b> ★ New Location: Stoke Park Children's Centre Romney Ave., Lockleaze, B57 9BY	Starts late February. Please contact us for more information nbcc@bristol-schools.uk			<b>Stay &amp; Play</b> 1:30pm- 3pm Drop-in for activities and play aimed at ages 0-5.	<b>Sensory Baby</b> 10am- 11:15am Support your baby's language development, bond and have fun helping them understand the world around them.
	<b>Southmead</b> Contact: susanne.gaffney@bristol.gov.uk Phone: 07887451776	<b>ESOL</b> 9:30am- 11:30am Introduction course for people wanting to improve their English. Please contact: richard.davies@bristol.gov.uk	<b>Childminders</b> 9:15am- 11:15am A group for Childminders to share good practice and ideas.	<b>Stay &amp; Play</b> 1pm- 2:30pm Drop-in for fun family activities and more. Aimed at ages 0-5.	<b>Under 5s Hub</b> 9am- 10:45am An opportunity to drop-in and speak to your local health visiting team and socialise with other parents. Tel: 0300 125 6278
<b>Long Cross</b>	<b>Community Learning</b> -Maths for Adults Improve your maths skills for home, work or volunteering. -English for Adults Improve your English for work or home.	<b>Under 5s Hub</b> 9:00am- 11:00am An opportunity to drop-in and speak to your local health visiting team. Gain information and advice about all aspects of your child's development and socialise with other parents. Tel: 0300 125 6278	<b>Stay &amp; Play</b> 9am- 10:30am Drop-in for activities and play. Aimed at ages 0-5.	★ Location: Shirehampton Public Hall, Station Rd, Shirehampton, Bristol BS11 9TX	
	<b>Young Parents</b> 11am- 12:30pm Meet other young parents in your area. A safe space to get support & advice.	<b>Breastfeeding Group</b> 12:30am- 2pm A supportive drop-in session to help you and your baby get the most out of breastfeeding.	<b>Breastfeeding Group</b> 12:30pm- 2pm A supportive session to help you and your baby get the most out of breastfeeding.		<b>Shirehampton Stay &amp; Play</b> 9:30am- 11am Drop in to Shirehampton Public Hall for lots of activities and fun! Station Rd, BS11 9TX.
<b>Sea Mills</b>	Please contact us for more information nbcc@bristol-schools.uk	<b>Stay &amp; Play</b> 1pm- 2:30pm Drop-in for activities and play. Aimed at ages 0-5.	<b>Under 5s Hub</b> 9am- 11am An opportunity to drop-in and speak to your local health visiting team and socialise with other parents. Tel: 0300 125 6278	<b>5 To Thrive</b> 10am-11am A 6 six week course for you and your baby focussing on attachment, play and baby brain development. To book a space contact nbcc@bristol-schools.uk	
<b>Avonmouth</b>	<b>Rainbow Group</b> Supporting families with children who have additional needs, in a safe environment. Contact Helen on 07825 315732.	<b>Stay &amp; Play</b> 9:30am- 11:00am Drop-in for activities and play. Aimed at ages 0-5.	<b>Childminders</b> 9:45am- 11:15am A group for Childminders to share good practice and ideas.		
<b>Brentry &amp; Henbury</b>	<b>Stay &amp; Play</b> 10:00am- 11:30am Drop-in for weekly themed activities and movement aimed at ages 0-5. ★ Location: Henbury Village Hall, BS10 7QG	<b>Under 5s Hub</b> 9am- 11am An opportunity to drop-in and speak to your local health visiting team.	<b>Drop In</b> 8.45-9.45am Tea and coffee available. Join us at Henbury Court Primary Academy.	★ Location: Henbury Court Primary Academy, BS10 7NY	
		<b>Breastfeeding Group</b> 11:30am- 1pm A supportive session to help you and your baby get the most out of breastfeeding.	<b>Tiny Tots</b> 10am- 11am A group for non-mobile babies. Fun & movement to music.	★ Location: Henbury Village Hall, BS10 7QG	