

Filton Avenue	ESOL 9:30am– 11:30am Introduction course for people wanting to improve their English. please contact Richard: richard.davies@bristol.gov.uk Creche Available.	Childminders 9:15am– 11:15am A group for Childminders to share good practice and ideas.	Stay & Play 9:30am– 11am Drop-in for fun family activities and more. Aimed at ages 0-5.	Under 5's Hub 10am– 12pm An opportunity to drop-in and speak to your local health visiting team. Gain information and advice about all aspects of your child's development. Tel: 0300 125 6278	Breastfeeding Cafe Honey Suckle 9:30am– 11am A supportive session to help you and your baby get the most out of breastfeeding. nbcc@bristol-schools.uk
	Early Birds 1pm– 2:30pm Join us If your baby was born prematurely or spent time in special care after birth. nbcc@bristol-schools.uk			Under 5's Hub 10am– 11:45am An opportunity to drop-in and speak to your local health visiting team. Tel: 0300 125 6278	
Upper Horfield	Sensory Baby 10am– 11am Support your baby's language development, bond and have fun helping them understand the world around them. nbcc@bristol-schools.uk	Under 5's Hub 10am– 11:45am An opportunity to drop-in and speak to your local health visiting team. Tel: 0300 125 6278	★ Location: Horfield Baptist Church Brynland Avenue Bishopston		
Stoke Park /Lockleaze	Stay & Play 10am– 11:30am Drop-in for activities and play at The Hub, Gainsborough Square, BS7 9FB. Aimed at ages 0-5.		Baby Group 1:30pm– 2:30pm Support your baby's language development, bond and have fun helping them understand the world around them.	★ New Location: Stoke Park Children's Centre Romney Ave. Lockleaze. BS7 9SX	
	Please contact us for more information nbcc@bristol-schools.uk				
Southmead	Young Parents 10am– 11:30am Meet other young parents in your area. A safe space to get support & advice.	ESOL 9:30am– 11:30am Introduction course for people wanting to improve their English. richard.davies@bristol.gov.uk Creche Available.	Rockabye 10am– 11:30am Have you recently had a baby? Are you feeling anxious or depressed? We offer a space to share experiences and connect with your baby. nbcc@bristol-schools.uk or please contact your health visitor	Under 5's Hub 9am– 10:45am An opportunity to drop-in and speak to your local health visiting team. Tel: 0300 125 6278	5 To Thrive AM A 7-week course for parents/carers and under 1's. Focusing on attachment, play and baby brain development. Please contact us to be added to the waiting list. nbcc@bristol-schools.uk
		Childminders 9:15am– 11:15am A group for Childminders to share good practice and ideas.	Stay & Play 1pm– 2:30pm Drop-in for fun family activities and more. Aimed at ages 0-5.	Food Club 10am–11:00am Weekly low cost food club. Food clubs provide good-quality food at a low cost, while also reducing food waste. To find out more email bristolfoodclubs@family-action.org.uk	
		Breastfeeding 11:30am– 1pm A supportive drop-in session to help you and your baby get the most out of breastfeeding.			
Long Cross	Community Learning -Maths for Adults 9:30am–11:30am Improve your maths skills for home, work or volunteering -English for Adults 1pm–3pm -Improve your English for work or home	Under 5's Hub 9:00am– 11:00am An opportunity to drop-in and speak to your local health visiting team. Gain information and advice about all aspects of your child's development. Tel: 0300 125 6278		Stay & Play 9am– 10:30am Drop-in for activities and play. Aimed at ages 0-5.	
				Breastfeeding 12:30pm– 2pm A supportive session to help you and your baby get the most out of breastfeeding.	
Sea Mills	Contact: suzanne.gaffney@bristol.gov.uk Phone: 07887451776		Under 5's Hub 9am– 11am An opportunity to drop-in and speak to your local health visiting team. Tel: 0300 125 6278	Baby Group 10am– 11:30am Support your baby's language development, bond and have fun helping them understand the world around them.	
Avonmouth	Rainbow Group Supporting families with children who have additional needs, in a safe environment. Contact Helen on 07825 315732. Booking required. Limited spaces.		Stay & Play 9:30am– 11:00am Drop-in for activities and play. Aimed at ages 0-5.	Childminders 9:45am– 11:15am A group for Childminders to share good practice and ideas.	
			ESOL 9:45am–11:45am For people wanting to improve their English. Contact: suzanne.gaffney@bristol.gov.uk		

Shirehampton

Please get in touch to find out more!

www.northbristolcc.org.uk

Stay & Play
 9:30am– 11am
 Drop in to Shirehampton Public Hall for lots of activities and fun! Station Rd, BS11 9TX.