

Monday

Tuesday

Wednesday

Thursday

Friday

Filton Avenue	ESOL 9:30am– 11:30am Starts 13th September. Introduction course for people wanting to improve their English. please contact Richard: richard.davies@bristol.gov.uk Creche Available.	Childminders 9:15am– 11:15am Starts 14th September. An opportunity to engage in play and share good practice and ideas.	Stay & Play 9:30am– 11am Starts 8th September. Activities and play ideas. Aimed at ages 0-5	Baby Hub 9am– 12pm Appointment only. Please contact your local health visiting team to book a spot	Well-being 10am– 11am Women's well-being group. Starts October. Contact: nbcc@bristol-schools.uk
	Early Birds 1:30pm– 2:30pm From the 13th of September. If your baby was born prematurely or spent time in special care after birth.				
Upper Horfield	Sensory Baby 10am– 11am Starts 13th September. Support your babies language development, bond and have fun to help them understand the world around them.	Nurture Programme 9:30am– 11:30am Starts 28th September Parenting course for parents with children ages 2 to 10 years. Contact nbcc@bristol-schools.uk	Please contact us to be added to the waiting list. nbcc@bristol-schools.uk		5 To Thrive 10am– 11am A 6-week course for parents/carers and under 1s. Focusing on attachment, play and baby brain development. Please contact us to be added to the waiting list. nbcc@bristol-schools.uk
Stoke Park		Stay & Play The Vench 10am– 11:30am Starts 7th September Lots of activities and play at The Vench, Lockleaze. Aimed at ages 0-5.	Baby Group 1pm– 2pm Starts 8th September. Join us for a friendly group with a focus on early reading.		
Southmead	Young Parents 10am– 11:30am Meet other young parents in your area (Start date TBC) Contact nbcc@bristol-schools.uk	ESOL 9:30am– 11:30am Starts 14th September Introduction course for people wanting to improve their English. richard.davies@bristol.gov.uk	Stay & Play 1pm– 2:30pm Lots of activities and play. Aimed at ages 0-5.	Baby Hub 9am– 12pm Appointment only. Please contact your local health visiting team to book a spot. Contact: 07816365429	
		Childminders 9:15am– 11:15am Starts 14th September. An opportunity to engage in play and share good practice and ideas.		Food Club 10am– 11:00am Weekly low cost food club To find out more email bristolfoodclubs@family-action.org.uk	Please contact us to be added to the waiting list. nbcc@bristol-schools.uk
		Breastfeeding 11:30am– 1pm A supportive session to help you and your baby get the most out of breastfeeding.		5 To Thrive 1pm– 2pm A 6-week course for parents/carers and under 1s. Focusing on attachment, play and baby brain development.	
LongCross	Tea & Talk 9:15am– 10:45am A great place for parents and carers to meet. Drop in and say hello. (Start date TBC)	Baby Hub 9:30am– 12:30pm Appointment only. Please contact your local health visiting team to book a spot.	Incredible Years Parenting Program Starting in November. Creche available. To find out more please contact nbcc@bristol-schools.uk	Stay & Play 9am– 10:30am Starts 9th September Activities and play ideas. Aimed at ages 0-5.	Nurture Programme 9:30am– 11:30am Parenting course for parents with children ages 2 to 10 years. Please contact us to be added to the waiting list. nbcc@bristol-schools.uk
	Community Learning -Maths From 20th September 9:30am– 11:30pm. -English From 11th of October 1pm– 3pm Contact: suzanne.gaffney@bristol.gov.uk				
	Family First Aid 1pm– 3pm 4 week course. Starts Monday 13th September Contact: suzanne.gaffney@bristol.gov.uk			Breastfeeding 1:15pm– 2:15pm A supportive session to help you and your baby get the most out of breastfeeding. Location: Hope Church & Café, LongCross BS11 0LT	
Sea Mills			Baby Hub 9am– 12pm Appointment only. Please contact your local health visiting team to book a spot		
Avonmouth	Rainbow Supports families with children who have additional needs, in a safe environment. Contact Helen on 07825 315732	ESOL 9:45am– 11:45am For people wanting to improve their English. Contact: suzanne.gaffney@bristol.gov.uk	Stay & Play 10am– 11:30am Starts 15th September Activities and play ideas. Aimed at ages 0-5.		
					Stay & Play 9:30am– 11am Starts 17th September Join us at Shirehampton Public Hall. Lots of activities and fun!
Shirehampton					

Please get in touch to find out more!

www.northbristolcc.org.uk