

Baby Feeding Cues (signs)

EARLY CUES - "I'm hungry"



- **Stirring**



- **Mouth opening**



- **Turning head**
- **Seeking/rooting**



MID CUES - "I'm really hungry"



- **Stretching**



- **Increasing physical movement**



- **Hand to mouth**



LATE CUES - "Calm me, then feed me"



- **Crying**



- **Agitated body movements**



- **Colour turning red**



Time to calm crying baby

- Cuddling
- Skin to Skin on chest
- Talking
- Stroking

