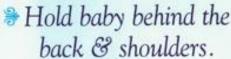
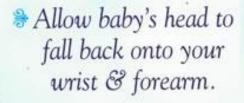
Positioning - The Key to Successful Attachment



& Snuggle baby in underneath your breasts.







& Turn baby's whole body to face you.



- Chest into the base of your breast.
- Chin into the breast.
 - & Nose away from the breast.



* Your shoulders & arms will be in a relaxed & natural position.

