

# creating boundaries



## Top Tips

We all want our children to grow up confident, independent and responsible. Developing clear, fair consistent boundaries helps them do this



Children need to test the boundaries in order to feel safe.  
When they do, we need to be firm without being harsh



Boundaries are a family affair—everyone needs to agree them and be prepared to stick to them



We need to parent with elastic—boundaries need to stretch as children grow

**clear, fair rules help us all feel safe**