

Musical Shakers

Things you'll need:

You can use anything you like to fill your bottles, but we've used:

- Empty Bottles
- Rice
- Pencils
- Pasta
- Beads
- Lolly Sticks



1. Fill your bottles with your chosen musical fillings.



2. Make sure the lids are secure, you can use tape to do this.



Small parts can be a choking hazard



Lolly Sticks



Beads



Pencils



Pasta



Rice

Top Tip

Children learn and play through all their senses and sensory play activities are great for providing children with lots of stimuli and new experiences. They also double up as fantastic shakers so older children can use them as homemade musical instruments for all their singing and musical ideas too.