



You cannot be too loving



It is impossible to spoil a child with too much love. So scoop them up and give them lots of hugs and praise!

'Children need plenty of physical affection from their parents; not just when they are infants, but throughout childhood and adolescence'

Children learn from what they see and observe around them, so, show love to your child, show love to your partner or your friends in front of your child, show love to yourself. Your child will learn how to love by watching you and others around you.

Here are some ways of showing your child

Give them hugs
and kisses

Praise them

Spend quality time
with them

Encourage
them

Show enthusiasm

Brag about them—
let them overhear
you when you're
talking to friends or
relatives

Listen to them—
distraction free

Surprise them with their
favourite food

Sit and read with
them

Thank them—let them know
you appreciate when they
listen to you and for being
the great child that they are

Cook together

Dance and sing
together

Tell them you love them

.....It's the little gestures everyday that show your love