

Hello all!

We hope you are all well in these rapidly changing and often confusing times. We are continuing to think about possible new courses and are increasing our menu of exciting online courses for adults who are over 19 and are experiencing barriers to learning, they are free and we are here to support learners to access them. And of course, we know sometimes you might want to involve your children so we have some for families too.

We have a long tradition of successfully helping our learners move on; in fact each year we watch them grow in confidence and skills and leave us to go onto new adventures and qualifications.

We are your local provider of good quality, mostly free courses that are exciting and tailored to help your needs.

We are here to support you in learning - including getting you online. For instance, we loaned tablets to our learners, to help them engage in classes, especially in the Functional skills English and Maths courses, which has significantly increased their ability to join in. The learners who've received tablets are doing homework and participating in the classes.

If you haven't tried us before give us a go and prepare to be surprised how much we can help you on your learning journey. Have a look below for a taste of some of the courses we run. Please do contact us for more information.

Each week we add new courses onto our website

www.communitylearningwest.net

For Adults

- Are you unemployed and need some support to get back into the world of work? Then we suggest that you call **Kim Payne** for more advice on personal development and how to find those transferable skills that you probably don't even realise you have – and you will have them!

You get the chance to take part in a mock interview which will help you with your confidence for the real thing!

Call **Kim** now on **07917848757**

- Our first **Yoga for Confidence** course has been successful, it's halfway through its run and we will be repeating it again so that you can have some 'me' time to relax and learn new ways of building your confidence back up.

If you are interested in joining the next one which we plan to run in July please email shani.smith@bristol.gov.uk for more information

- **DIY and Woodworking Online Course**
Gain knowledge about basic woodworking tools and a cordless drill, for fixing on walls; get support and ideas for your project at home.

Clare your tutor will guide you through the course which runs for, 3 sessions on **Tuesdays, starting 30th June 2:30-4:30pm**

For more details on how to enrol, please contact **Suzanne** on **07887451776** or email suzanne.gaffney@bristol.gov.uk

- Edwina has been managing the **Fun with Phonics** class which is going well with 10 regular learners attending plus their children!
The aim of the course is to make you feel more confident to help your children learn at home and get them more interested in reading and writing.

Family Learning

- **Bringing Books to Life**
Suzanne Gaffney is running a great course for you to work with your children aged 2-4 years old, something you can keep them busy and engaged with!!

Bring stories to life for your child, using arts and crafts, cooking, play-acting, and songs.

Your tutor Aga will guide you through 4 fun filled sessions on Mondays - **starts 29th June @ 10am**

For more details contact **Suzanne 07887451776** or suzanne.gaffney@bristol.gov.uk

- Feeling Creative but a bit unsure? We have a great course coming up which will help you express your arty and creative side alongside your children. We want to encourage your creative thinking and writing on this course, don't be scared, join our **Be Creative with Your Kids** online course.

As well as working with the tutor Saph, to create a virtual scrapbook, you will have time to talk to her about your own learning and be reassured you are creative!!!

For more details on how to enrol, please contact **Shani 07775227352** or shani.smith@bristol.gov.uk

- Lastly, our **Fun Family Cooking** course has proven to be quite popular during the past few weeks.

Learners are having a great time creating meals and food items from scratch (see images below) and watching live demonstrations given by the tutor, Louise.

This week we will be making curry, Spicy rice and naan bread!



Soda Bread



Mozzarella Stuffed Balls



Falafels, Hummus and Flat Bread