

# Mud Paint

You will need:

- Dirt
- Water
- A Container
- Paint brushes or other objects to paint with (you could use paint rollers, twigs, branches, their fingers or hands, etc.)



1. Fill your container with dirt. If it is quite dry add water to it. (It's important to check for living creatures such as worms and return them to the garden before moving on).



2. Add water to the bowl and mix with the dirt to make mud.



3. The paint is then ready for the children to use where ever they choose outside. It may be on paper, cardboard or on the trees, pavement, fence etc.



I hope your little ones will have fun getting creative and messy with this activity! This is an awesome sensory activity that can be done whether it's sunny or rainy!

